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# 2018

# MEETINGS TRENDSETTERS



**The Gift of Fab**  
Four treats for wellness-minded attendees

**Big-Hearted in Indy**  
MPI WEC 2018 gives back in innovative ways

**Cities to Watch**  
Planners pick their fave up-and-coming hot spots

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Top trends for 2018 via the industry experts

20 meetings industry agents of change  
who are propelling their profession forward

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# Eat + Drink BOISE

A growing food scene has brought people back to downtown Boise in the past few years, but the expanded craft beverage options being made and served in the Pacific Northwest destination are the talk of the town. Breweries, distilleries, coffee roasters and winery tasting rooms have popped up downtown, serving up libations for all.

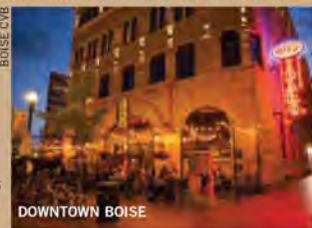
"Boise has really been discovered and one element that has made the city so great is the culinary renaissance," said Carrie Westergard, executive director of the Boise CVB. "There are now over 20 craft breweries, wine makers and craft cocktail bars downtown. Everything you would expect in a larger city, you're now finding in Boise."

Here are some of the latest additions to Boise's beverage scene.

- Barbarian Brewing** (<https://barbarianbrewing.com>) opened in Garden City, Idaho, in 2015. The brewery has expanded and last fall a tasting room opened in downtown. The beers are aged in wine, whiskey and bourbon barrels and often include regional fruits in the recipes.
- Bear Island Brewing Co.** ([www.bearislandbrewing.com](http://www.bearislandbrewing.com)) sees itself as Boise's "biggest little brewery." The brewery started in a two-car garage and is now opening a taproom in a former Boise firehouse. Their beer, which has often used Idaho ingredients such as potatoes, lavender, pumpkins, hops and barley, is distributed around the state, but this will be its first taproom.
- Camel's Crossing** (<https://camelscrossing.com>) is the newest addition of the Hyde Park district of Boise's North End neighborhood. The former antique store turned into a beer and wine bar with bites like charcuterie and an all-Idaho cheese board.
- Clairvoyant Brewing** ([www.clairvoyantbrewing.com](http://www.clairvoyantbrewing.com)) is the newest craft beer addition to Boise. The brewery is nestled in the developing Whitewater Park area of west downtown Boise.
- Coiled Wines** ([www.coiledwines.com](http://www.coiledwines.com)) is named in honor of Idaho's Snake River Valley. Coiled has grown from a shared space production facility and tasting room in Garden City to its own facility, tasting room and downtown wine bar.
- Form & Function** ([www.formandfunctioncedros.com](http://www.formandfunctioncedros.com)) is the latest entry into Boise's coffee scene. The specialty coffee roaster offers coffee sourced from farms growing naturally treated beans.
- The Gas Lantern Drinking Co.** (<http://the-gas-lantern-drinking-company.business.site>) is a cocktail-and-wine-focused bar with an English-pub feel that opened in the fall of 2017. The new space is part of a growing food and drink coalition planned in downtown.



PRESS & POUR



DOWNTOWN BOISE



FORM & FUNCTION

BOISE CVB

—Kate Cripe

smoothie shots, market veggies and warm roasted almonds; and the Pacific Rim Buffet, which includes a seasonal and tropical fruit platter, rice noodle salad with Asian vegetables, greens with a sesame vinaigrette, hoisin glazed salmon and stir-fried vegetables.

In addition to the center's renovations, a visual art display on the building's exterior facade was unveiled in early 2018. This new and innovative piece features more than 700 feet of vertical and horizontal linear LED fixtures and is illuminated each evening with dancing lights choreographed to music broadcast by speakers along the walkway.

## Shore Lodge, McCall

<http://shorelodge.com>

Tucked in the Salmon River Mountains, the 77-room Shore Lodge is a mountainside retreat situated on a glacial lake with outdoor

activities for every season, such as boating, hiking, golfing, fly fishing, skiing and snowshoeing. For groups that take advantage of these off-site excursions, the resort's catering team can pack up an Adventure Lunch that includes a grab-and-go meal served in a take-away dry bag.

Back on property, guests can unwind at The Cove, the resort's full-service spa. The experience starts in the lobby crafted from more than 60 Douglas fir logs. Offerings include nature-themed treatments, indoor/outdoor salt-water immersion pools and herbal nail services. For men, there is even a Mountain Man Pedicure.

In addition, the space houses a fitness facility and guest can enjoy lunch or tea at the spa. Groups can bring the spa to the meeting with a Spa Wellness Break where attendees can indulge in 10-minute restorative meditation and move into a wellness



SCHWEITZER MOUNTAIN RESORT, SANDPOINT

discussion or presentation.

For early risers in the group there is sunrise yoga to take in the serene surrounding. Pre- or post-meeting yoga s offered in the resort's Lower Pavilion or out on the East Dock.

## Schweitzer Mountain Resort, Sandpoint

[www.schweitzer.com](http://www.schweitzer.com)

Surrounded by 2,900 acres of mountainous terrain, it is easy to immediately decompress at Schweitzer Mountain Resort. For those that need a nudge, the Solstice Spa, located in the main hotel, Selkirk Lodge, offers a variety of treatments using all organic ingredients.

Schweitzer Mountain Resort might be best known for its winter sports and activities, but the mountain adventures don't end when the snow melts. Hiking, biking, huckleberry picking, horseback riding and disc golf are just a few of the spring through fall outdoor offerings. In the village, groups can do some teambuilding on the climb wall or ziplining course.

Atop Schweitzer Mountain is the Sky House, where groups can take in the views during a meal or reception. Guests can hike or take the scenic chairlift to the summit for Sky House as well as the 1,600-square-foot Top of the Mountain Patio.

## Sun Valley Resort, Sun Valley

[www.sunvalley.com](http://www.sunvalley.com)

At Sun Valley Resort, The Spa at Sun Valley features holistic therapies using ancient healing customs from around the world, including acupuncture, cupping and reiki as well as an array of massage and body ritual options. The resort also boasts



SUN VALLEY RESORT, SUN VALLEY